



How to Patch Test a product¹

Patch testing is a crucial step in ensuring the safety of a skin care product by identifying any potential allergies or reactions to the ingredients in the product. Always remember to patch test a new product before using it on your face or body.

Here is a guide on how to conduct a patch test for our products:

1. Choose the area to test - The inside of your wrist or elbow is the best place to test. These areas have thinner skin and are more sensitive. Avoid areas with broken or irritated skin.
2. Clean the area - Use mild soap and water to clean the area. Pat dry with a clean towel.
3. Apply the product - Apply a small amount of the product to the area and rub it in gently. Make sure to cover a small patch of skin.
4. Wait for 24 hours - Leave the product on the skin for 24 hours. Do not wash the area or apply any other products during this time.
5. Check for any reactions - After 24 hours, check the area for any redness, swelling, itching, or other signs of irritation. If there is no reaction, the product is safe to use.
6. Repeat the test - If you have sensitive skin, it is best to repeat the test on different areas of the skin in case of localised reactions.
7. Record the results - Record the results of the patch test and keep it for future reference. If you notice any reactions, do not use the product.

¹ Disclaimer:

The information provided in this guide to patch testing is intended for general informational purposes only. It is not intended to be a substitute for professional medical advice, diagnosis, or treatment. Always seek the advice of a qualified healthcare professional regarding any medical condition or concerns you may have.